



## LABORATORY SERVICES

The laboratory at Clinic Sofia OB/GYN has met all criteria for Laboratory Accreditation by COLA, a national healthcare accreditation organization. Accreditation is given only to laboratories that apply rigid standards of quality in day-to-day operations, demonstrate continued accuracy in the performance of proficiency testing, and pass a rigorous on-site laboratory survey. Clinic Sofia has earned COLA accreditation as a result of long-term commitment to provide quality service to its patients. Clinic Sofia uses FVSD as our reference laboratory.

Several of the routine tests ordered by our physicians require patients to be “fasting”. If you are fasting, please remember nothing to eat or drink except water for 12 hours prior to your sample being taken.

Some of the tests that require fasting are:

- Lipid Panel (HDL, LDL and Triglycerides)
- Glucose (Blood Sugar)
- Complete Metabolic Panel

Our friendly laboratory staff understands the importance of obtaining quick results for any tests that may be ordered by your physician. They work hard to have their in-house testing completed as fast as possible. Labs that are sent out to FVSD laboratory are received within five to ten business days.

**If you need to check your labs on our phone tree lab line, please contact the office for the phone number and your Patient Password.**

Advanced Beneficiary Notice (ABN):

The ABN form may be provided to you for a signature prior to your laboratory tests being performed. Medicare, Medical Assistance, and other insurance plans may not pay for the tests your physician needs to have completed. Whether your insurance will cover the test is not an indication of whether the test is necessary or not. Your physician may request certain testing to monitor your medications or to help diagnose your condition.

The purpose of the ABN form is to help you make an informed choice about whether or not you want to receive a laboratory test – knowing that you may have to pay for the test yourself. Your signed ABN form will be scanned into your electronic medical record. Please note that your insurance carrier may require a copay on laboratory only services. Please contact your carrier for more information.

*Full Circle Health Care for Women*

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