



ULTRASOUND

Patients seen at Clinic Sofia OB/GYN have the convenience of having their ultrasound performed right here at our location. Our Sonographer is a Registered Diagnostic Medical Sonographer (RDMS). Ultrasound is a simple, safe, painless diagnostic procedure that bounces high-frequency sound waves off parts of the body and captures the returning “echoes” as images. There is no injection or radiation exposure associated with ultrasound.

We perform general ultrasound exams. These exams include:

- Pelvic (trans-abdominal and trans-vaginal)
- Obstetrical

Please contact your insurance prior to your services so you are aware of your coverage for this exam.

During the exam, you will lie on a cushioned table and gel will be applied to your skin; the gel acts as a conductor. A transducer, a hand-held device that sends and receives ultrasound signals, is moved over the area of your body being imaged. Images instantly are captured on a television-like monitor and transferred to film or videotape for the physician and sonographer to review and interpret. Depending on the type of exam, it can take anywhere from 20-60 minutes. The physician will review the ultrasound results in the office with you on the same day.

Clinic Sofia has received accreditation from the American Institute of Ultrasound in Medicine (AIUM), an association dedicated to promoting the safe and effective use of ultrasound. Accreditation means our practice has met nationally accepted standards and has demonstrated consistent excellence in patient care. Effectively and safely meeting the growing needs of our patients is our number one priority.

A patient who goes to an AIUM-accredited practice for an ultrasound examination can be sure of the following:

1. There is adequate space for patient comfort and privacy.
2. There are complete records of every examination, which are available for easy retrieval and review. The length of time records are stored meets or exceeds state-mandated minimums.
3. Policies are in place to ensure patient safety, confidentiality, and prevent transmission of infectious disease.
4. The ultrasound equipment is properly maintained and calibrated.
5. All the physicians and sonographers in the practice have documented training and experience in ultrasound and have the appropriate credentials for the field. The physicians and sonographers have demonstrated that they receive continuing medical education in the specialty.
6. Actual cases and reports have been reviewed by the AIUM and show that both the performance and the interpretation of ultrasound examinations offered by the practice meet or exceed nationally accepted standards.
7. After receiving accreditation, an AIUM-accredited practice must apply for re-accreditation every three years, once again documenting that the level of care it provides continues to meet the AIUM's strict standards.

Full Circle Health Care for Women

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