



## FOR IMMEDIATE RELEASE

Contact: Sarah Peterson  
651.646.8233  
[sarah@megaphonepr.com](mailto:sarah@megaphonepr.com)

### **Clinic Sofia Welcomes Two New Doctors to Growing Metro Team**

*Twin Cities' leading OBGYN continues to expand community of confident, healthy women with support of new staff.*

MINNEAPOLIS (July 25, 2017)—Dr. David Clay and Dr. Erin Stevens recently joined the growing team at Clinic Sofia, an OBGYN clinic with offices in Edina and Maple Grove known for providing women with full-circle healthcare in a welcoming and supportive environment, in response to growing demand and interest from local clients. In addition, Clinic Sofia welcomed Dr. Deborah Krahl in July to support more women across the metro.

"Thanks to many of our wonderful patients, we have had extensive referrals and interest in our personalized approach to women's healthcare. We are happy to add new staff members and expand our Clinic Sofia family so that we can grow our community of healthy women. With Dr. Clay and Dr. Stevens, we are now able to serve more patients and support their individual healthcare needs from adolescence through menopause and beyond," said Dr. Donna Block, MD and founder of Clinic Sofia.

A Minnesotan through and through, Dr. Stevens "always knew that I wanted to be a doctor" and enjoys being a confidante for women, recognizing "the importance of having someone to comfortably confide in about sensitive issues without feeling judgment."

Outside of the clinic, she is deeply interested in legislation affecting women's health. As a recipient of the prestigious Gellhaus Residency Advocacy Fellowship, Dr. Stevens had the opportunity to visit Washington, D.C. to learn about policy and political factors influencing the future of obstetrics and gynecology. Born in Faribault, she grew up in Red Wing and attended Carleton College. She also worked at the Mayo Clinic in Rochester before medical school at the University of Minnesota. After completing residency in Delaware, she happily returned to her home state to work with Clinic Sofia.

(more)

Dr. David Clay “appreciates the opportunity to help women be advocates for their own care.” From delivering babies and being part of one of the happiest days of a patient's life to providing ongoing care and support, he values relationships and connections with his patients: "It is very rewarding to me to be more than a doctor to my patients, to be part of their family and to be an important part of their lives."

A native of Ohio, Dr. Clay completed his residency at Riverside Methodist Hospital in Columbus after attending The Ohio State University College of Medicine. He completed his undergraduate degree at Vanderbilt University in Nashville, Tenn.

“With every new hire we make, Clinic Sofia seeks individuals who best reflect our values in order to nurture the healthy and confident women we serve. Both of our new providers are authentic, inclusive, warm, confident, loyal, passionate, down-to-earth and full of integrity--all of the qualities that matter to our patients. We are so proud to have them join our team and look forward to introducing them to more patients,” Dr. Block added.

#### **About Clinic Sofia**

Clinic Sofia, a leading OB-GYN clinic with locations in Edina and Maple Grove, was founded in 2004 and is known for its personalized approach to healthcare that centers around giving women the tools, guidance and resources to help them stay healthy and happy. Today, Clinic Sofia serves thousands of women throughout the metro and is consistently ranked as one of the top OBGYN clinics in the area. For more information, please visit [www.clinicsofia.com](http://www.clinicsofia.com)

###